

# Treating COVID with TCM

## Q & A - 1

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Q1: I see you use Yin Qiao San to treat some Omicron patients with success. Can I prescribe that to all my COVID patients (confirmed cases)?

An1: **NO**. Yin Qiao San 銀翹散 is **NOT** for everyone, **NOT** even for all Omicron patients. It is only for people who have flu symptoms such as sore throat/dry mouth/thirst and fever. If your patient feels cold (chill or even shivering), please **DO NOT** give them Yin Qiao San. If the patient has nausea and/or vomiting or other complications, even with sore throat and fever, you need to be careful when prescribing the herbs. You need to go back to differential diagnosis for each individual.

Q2: Are patent herbs OK?

An2: I personally prefer cooking raw herbs. They are more effective so that you can see the result quickly. Some patent herbs do not have the same strength. However, if you don't have access to raw herbs, use patent herbs.

Q3: Is everyone getting either Omicron or Delta nowadays?

An3: That's not how I categorize SARS-CoV-2. I saw there are THREE Types of SARS-CoV-2, each has different set of symptoms. You can go back to my earlier reports for detail explanation. I haven't seen anything outside of these 3 types. Omicron strains may exist across Type GS1, GS2 and GS3. Again, some cause fever, sore throat like a flu, some don't cause fever but instead more severe symptoms, etc.

Q4: I heard babies or young children could have "COVID encephalitis" (there were a few cases reported in Hong Kong) how do you explain that?

An4: I can explain that from TCM Five Element perspective and we can also see that from GENEIDO HUE Charts.

- From TCM Five Element perspective: it's all about Wood Qi 木氣.
  - Spring Qi belongs to Wood and 2022 Spring started on February 4.
  - Children's growth Qi belongs to Wood
  - Eastern region (Asia) such as HK belongs to Wood
  - You may have heard that 2022 is the year of Water Tiger (REN YIN 壬寅). REN YIN stand for Water & Wood. In fact, REN (Yang Water) can also be transformed into Wood.
  - Encephalitis is due to Excessive Wood Qi from TCM perspective. It is common in Asia during Spring season among children younger than 6 years of age, especially in infants from 0 to 1.
- From GENEIDO HUE Charts (See Figure 1.)
  - S1 0-1 Heaven Layer shows the surge of Wood Qi (Yellow Region), it may affect the brain and CNS system causing encephalitis, especially in children below 1 year old.
  - S3 0-1 has similar patent in the Human Layer that may affects tendon causing SPASM, especially in children below 1 year old.

- As a side effect, these patents may cause also warts but may be temporary.

Q5: Can babies from US show the same symptoms?

An5: Although encephalitis is not very common in the West but it is possible.

Q6: How would you treat encephalitis in children? Can we do acupuncture?

An6: NO. I don't recommend needling babies, definitely NOT when they have spasms. Needles might break and cause life threatening scenarios. You may prepare herbal oilmen that expels WIND and relax the muscles. I use Qu Feng You 驅風油 (cool) if the patient has fever and Huo Luo You 活絡油 (not cold not warm) if the patient does not have fever. By using these remedies, even we cannot completely resolve the problem, we may help the patient gaining some time before reaching to the hospital. Everything can happen so fast.

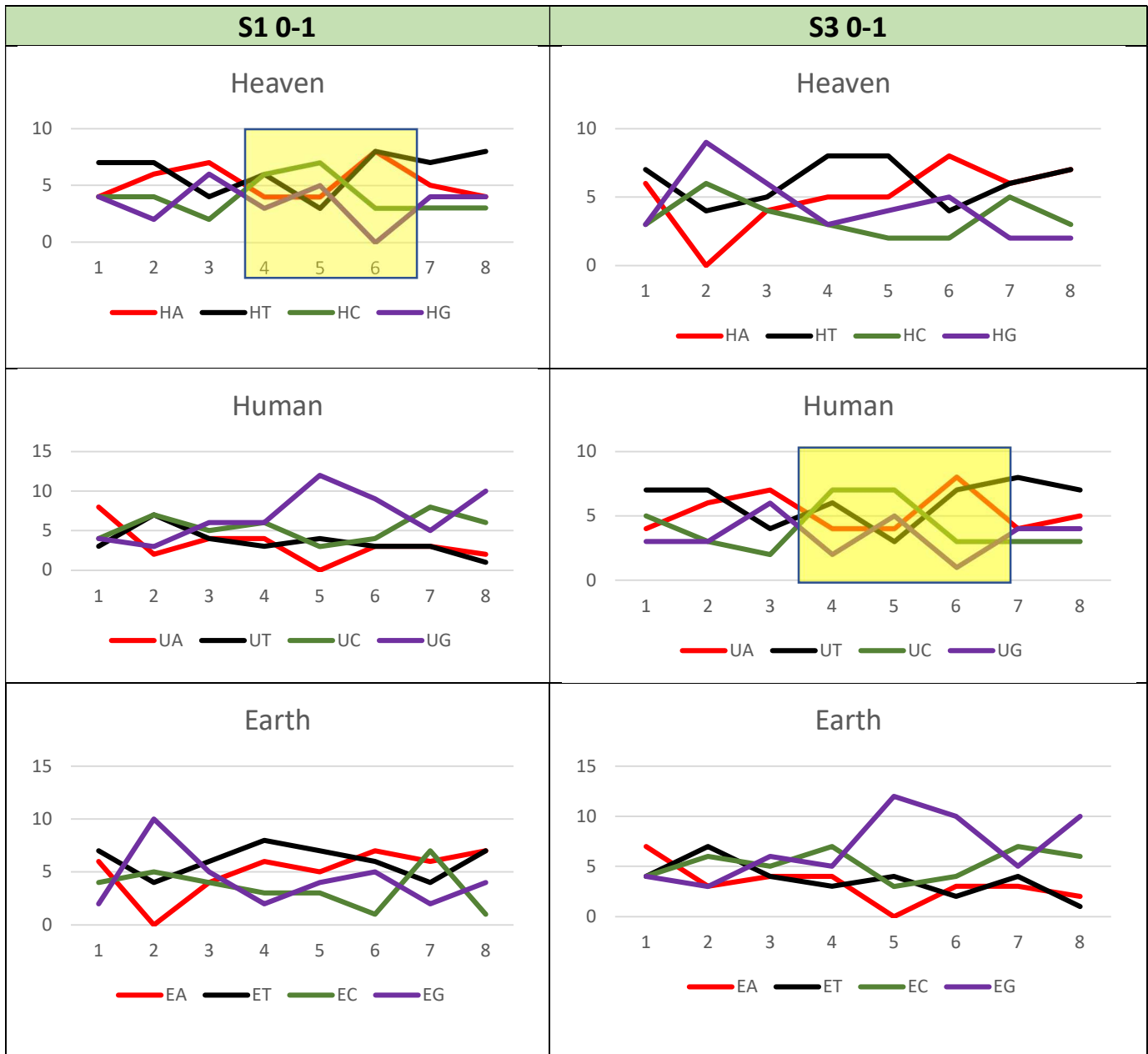


Figure 1. HUE Charts (Left) Indicates GENEIDO Type S1 may cause encephalitis in infants. (Right) Indicates GENEIDO Type S3 may cause SPASM in infants. GREEN curve represents WOOD Qi.

## Reference

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